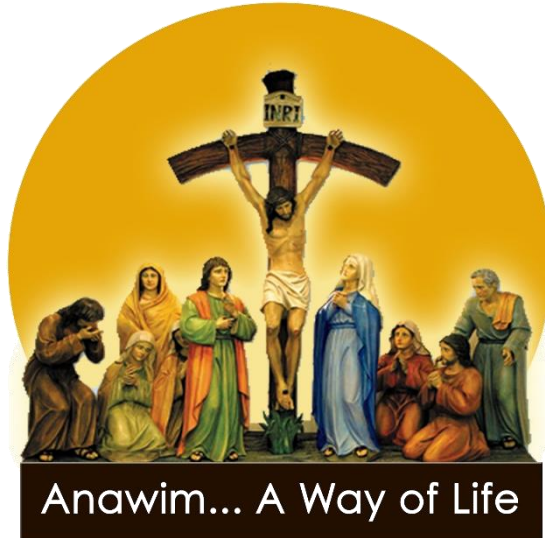


# *Anawim Prayers*



*We will look upon Him whom we have pierced  
so that the love of Christ in hearts may be revealed.*

*Prayers compiled for the use of the Anawim Community  
Second Edition  
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*Dedicated to the memory of*

*Fr. Francis*  
*Founder*  
*of the Anawim Community,*

*who composed several of these prayers.*

## **The Anawim at the Foot of the Cross**

(Explanation of Front Cover)

All the gospels record that when Jesus was crucified, there remained near the cross, in the midst of the jeering crowds and cruel soldiers, a small remnant of his sorrowful but faithful disciples. These represented the “anawim” people of all times. The foremost figure among them was Mary.

In our symbolic portrayal of the crucifixion scene, Mary is larger than all the others. She stands as a mother in the midst of her spiritual children. It was Jesus himself who conferred this title on her when he said from the cross, “Behold your mother” (Jn 19:27). Mary gestures toward her heart, indicating that she is offering herself in communion with the sacrificial offering of her Son. The other clearly recognizable figure is John, “the beloved disciple,” who represents all the children of Mary and is a sign of the ministerial priesthood.

The inscription, “*We will look upon Him whom we have pierced so that the love of Christ in hearts may be revealed,*” is a synthesis of several scripture passages (Jn 19:37, Lk 2:35, 2 Cor 4:10-12). It is a confession that we ourselves have pierced the heart of Christ by our sins (cf. CCC #598). At the same time it is a proclamation of our inner resolve to look to the cross of Christ and offer ourselves with him so that his love may be experienced in the hearts of all people. This is a summary of the spirituality of redemptive love in which the anawim are formed by Mary our mother.

**OUR FATHER**  
*(Philippine Version)*

**O**ur Father who art in heaven, hallow be your name. Your kingdom come, your will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

**HAIL MARY**

**H**ail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.

**GLORY TO THE FATHER**

**G**lory to the Father, and to the Son, and to the Holy Spirit;  
As it was in the beginning, is now, and will be forever. Amen.

**CREED**

**I** believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## **HAIL HOLY QUEEN**

**H**ail, holy Queen, mother of Mercy! Hail, our life, our sweetness, and our hope. To you we cry, poor banished children of Eve. To you we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this exile show to us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

## ANGELUS

Leader: The angel spoke God's message to Mary,  
Response: And she conceived by the Holy Spirit.  
*Hail Mary*

Leader: I am the lowly servant of the Lord;  
Response: Let it be done to me according to your word.  
*Hail Mary*

Leader: And the Word became flesh  
Response: And lived among us.  
*Hail Mary*

Leader: Pray for us, holy Mother of God,  
Response: That we may be made worthy of the  
promises of Christ.

Leader: Let us pray.  
All: Lord, fill our hearts with your grace. Through  
the message of an angel, you revealed to us  
the incarnation of your Son. Now, through his  
suffering and death, lead us to the glory of his  
resurrection. We ask this through Christ our  
Lord. Amen.

## **REGINA CAELI**

(Easter Season)

Leader: Queen of heaven, rejoice!  
Response: Alleluia!  
Leader: For the Son you were chosen to bear,  
Response: Alleluia!  
Leader: Has risen as he said.  
Response: Alleluia!  
Leader: Pray for us to God.  
Response: Alleluia!  
Leader: Rejoice and be glad, Virgin Mary, alleluia.  
Response: For our Lord is truly risen, alleluia.  
Leader: Let us pray.  
All: God our Father, you give joy to the world by  
the resurrection of your Son, our Lord Jesus  
Christ. Through the prayers of his mother, the  
Virgin Mary, bring us to the happiness of  
eternal life. We ask this through Christ our  
Lord. Amen.

## **MYSTERIES OF THE HOLY ROSARY**

### ***Joyful Mysteries (Monday and Saturday)***

1. The Annunciation of the Archangel Gabriel to Mary
2. The Visitation of Mary to Elizabeth
3. The Birth of Our Lord Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

### ***Luminous Mysteries (Thursday)***

1. The Baptism of Jesus in the Jordan
2. The Self-manifestation of Jesus at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom and His Call to Conversion
4. The Transfiguration of Jesus on Mt. Tabor
5. The Institution of the Eucharist as the Sacramental Expression of the Paschal Mystery

### ***Sorrowful Mysteries (Tuesday and Friday)***

1. The Agony of Jesus in the Garden
2. The Scourging of Jesus at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carries the Cross
5. The Crucifixion and Death of Our Lord Jesus Christ

### ***Glorious Mysteries (Wednesday and Sunday)***

1. The Resurrection of Jesus from the Dead
2. The Ascension of Jesus to the Father
3. The Descent of the Holy Spirit upon the Apostles and Mary
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of Mary as Queen of Angels and Men





### ST. MICHAEL

**S**t. Michael the archangel, defend us in battle. Be our defense against the wickedness and snares of the devil. As God rebukes him, we humbly pray that you, O prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

**CONSECRATION TO  
THE SACRED HEART OF JESUS**

**S**acred Heart of Jesus, humbly prostrate at your feet, we renew our consecration to you, with the resolution to repair the offenses of humanity by an increase of fidelity and love for you.

The more your mysteries are rejected, the more firmly we will believe in them, most holy Heart of Jesus!

The more impiety seeks to deprive us of our immortal hope, the more we will hope in you, Heart of Jesus, sole hope of mortals.

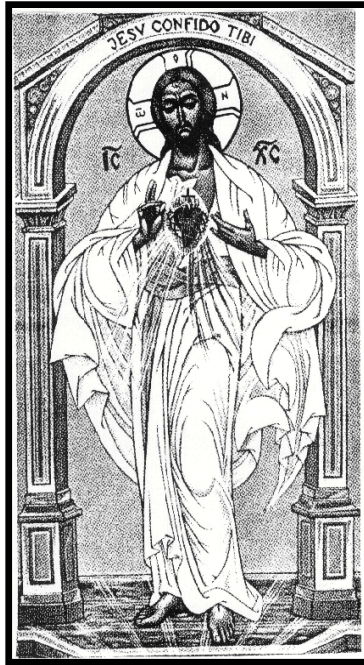
The more your divinity is attacked, the more deeply we will adore it, divine Heart of Jesus.

The more your sacraments are scorned and abandoned, the more often we will receive them with love and respect, generous Heart of Jesus.

The more hell labors for the destruction of your people, the more ardently we will desire to save them, Heart of Jesus, zealous lover of souls!

The more sensuality and pride tend to destroy self-denial and love of duty, the more we will devote ourselves to renunciation and the spirit of sacrifice, adorable Heart of Jesus!

Heart of Jesus, sated with infamy, give us such an abundant and efficacious grace that we may be your disciples and apostles in the midst of the world, and your crown in a blessed eternity. Amen.



**JESUS I TRUST IN YOU**

### **DIVINE MERCY CHAPLET**

Our Father... Hail Mary... Creed...

(Beginning each decade)

Leader: Eternal Father, I offer you the body and blood, soul and divinity, of your dearly beloved Son, our Lord Jesus Christ,

All: In atonement for our sins and those of the whole world.

(10 beads)

Leader: For the sake of his sorrowful passion,

All: Have mercy on us and on the whole world.

(At the conclusion say 3 times)

All: Holy God, holy mighty One, holy immortal One, have mercy on us and on the whole world.

## Sorrowful Mother



## Eucharistic Heart of Mary

**PRAYER TO  
OUR SORROWFUL MOTHER**

**S**orrowful Mother Mary, fixing your gaze on the cross of your Son Jesus, you pondered his sufferings in your heart. Knowing that many of your children would reject his divine mercy, sorrow pierced your heart.

Mary, make our hearts like yours, altars of reparation for the afflictions and offenses against your Son. Help us to bear our crosses, uniting our sufferings with his for the redemption of the world. Lead us into the fullness of the Eucharistic life you share with him.

We await all this from you, Mother, for we are your Anawim. Amen.

## ICON OF OUR SORROWFUL MOTHER

(Explanation)

**F**rom the moment Simeon prophesied that Jesus would be “a sign of contradiction” and that her heart would be “pierced with a sword” (LK 2:33-35), Mary pondered the meaning of his words in her heart.

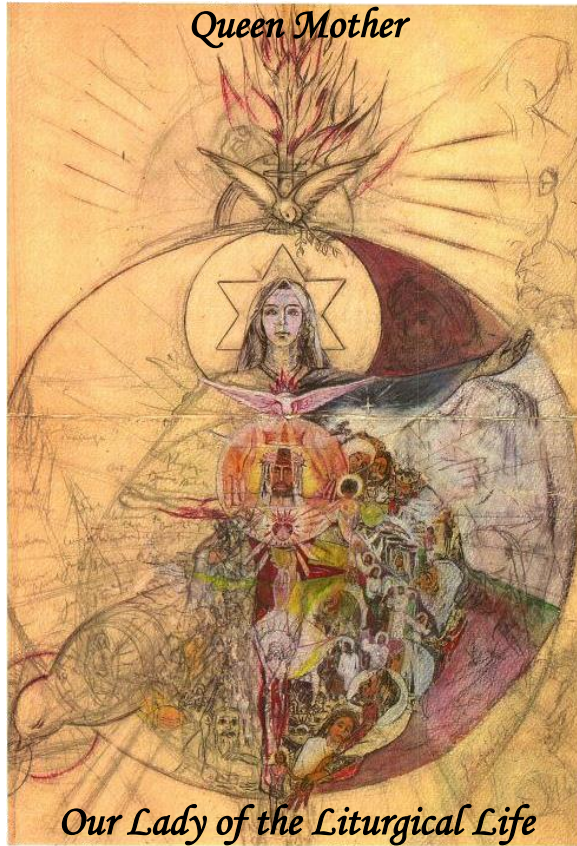
In this icon Mary holds the Child Jesus close to her heart while she looks with deep sorrow toward the cross. Her sorrow was that many of her children would reject this unfathomable gift of his divine mercy. And so, when Jesus was “lifted up,” she united her heart with his in co-redemptive love.

Mary’s union with her Son as symbolized in the icon is centered on the Eucharist, which is the very heart of Jesus radiating with divine light in the depths of her soul (cf. *Ecclesia de Eucharistia*, #56).

As her anawim children, we go to Mary, asking her to take us into her heart. She gathers us at the foot of the cross and guides us to look at Jesus crucified. We seek her help as we bear the crosses in our own lives and in the lives of all her suffering children throughout the world. We beg her to help us to unite our sufferings with the sufferings of Christ for the redemption of the world. We pray that she make our hearts like hers, altars of reparation for the afflictions and offenses against her Son.

With complete trust, we ask Mary to lead us into the communion of hearts that she shares with Jesus and to prepare us to receive the fullness of his life in the Eucharist.

*Queen Mother*



*Our Lady of the Liturgical Life*

**PRAYER TO  
OUR LADY OF THE LITURGICAL LIFE**

**Q**ueen Mother Mary, we come before you begging an outpouring of grace upon the whole world. Open the eyes of our hearts with your faith.

Draw us deeply into the life of the Church as we ponder the mysteries of creation, redemption, and sanctification celebrated in your maternal heart.

Lead us into the Eucharistic heart of your Son to drink of the inexhaustible fountain of the divine will.

We ask this through our Lord Jesus Christ, who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.



## Icon of Our Lady of the Liturgical Life

(Explanation)

**I**n this icon of *Our Lady of the Liturgical Life*, Mary, our Queen Mother, stands before us with gracious authority, gesturing with a broad sweep of her arm over the vast expanse of the incarnational mystery contained in her maternal heart.

Speaking to the hearts of her children, she says: “This is the fruit of my womb. This is the victim Lamb wounded for the sins of the world; look on him whom you have pierced. See also unveiled before your eyes, through the circle of the sacred host and around the chalice filled with the blood of the Lamb, the entire pageant of the liturgy. Here is the passover of Jesus, the Word made flesh—his conception, birth, life, death and resurrection. Even his glorious ascension and the descent of the Holy Spirit can be seen. The Spirit comes forth from the inner depth of his wounded heart as from the throne of the triune God. In your communion with my Son at every sacrifice of the Mass, he brings you forth into the *new creation*.”



**PRAYER TO ST. JOSEPH,  
PROTECTOR OF THE ANAWIM**

**B**eloved St. Joseph, Protector of the Anawim, watch over us day and night, preserve us from occasions of sin and obtain for us purity of soul and body. Grant us a spirit of sacrifice, humility, and courage, a burning love for Jesus in the Eucharist, and a tender love for Mary our mother.

St. Joseph, be with us living, be with us dying, and intercede for us to Jesus our merciful Savior. Amen.

## **Icon of St. Joseph, Protector of the Anawim**

(Explanation)

**T**his icon portrays St. Joseph as protector of the Holy Family. We, the Anawim poor, call on him to be our protector as well.

The presence of the dark clouds and the angel calls to mind Joseph's struggle when he learned that Mary was pregnant and the light he received through the message of an angel (cf. Mt 1:18-21). In the midst of the darkness that so often clouds our vision on our pilgrimage through life, Joseph shows us the way of obedient faith. He is for us a model of simplicity, humility, and unwavering commitment to God's holy will, even in the most contradictory circumstances.

St. Joseph holds in his heart a tender concern for our salvation. He watches over us day and night, preserving us from occasions of sin, and obtaining for us purity of soul and body, that we may be united with the hearts of Jesus and Mary. Through his intercession, he shares with us his own burning love for Jesus in the Blessed Sacrament, and his tender love for Mary our mother.

Joseph puts us in the care of the angels, especially our own guardian angels. He inspires in us a total trust in God, so that we will not be overcome by any of our doubts, fears, or human limitations.

Joseph helps us stand secure in the hope that, in living and in dying, we will attain the fullness of life he enjoys with Jesus and Mary.

## **CONSECRATION TO MARY**

**M**ary, mother of Jesus and mother of the Church, take us, your anawim, into your heart. We abandon and consecrate our hearts and our souls to you for all eternity.

Grant us the divine and human responses of your heart. Make us solid in faith, unshakable in hope, ardent in charity, generous in suffering, totally abandoned to the will of God.

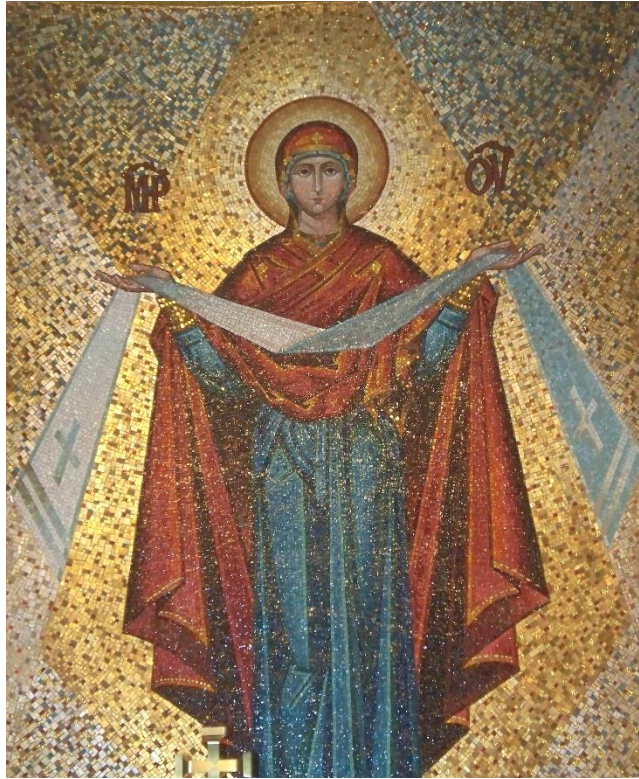
Make us authentic apostles of the Church and true witnesses of the gospel in the world. Immerse us deeply in the Heart of the Lord Jesus in union with the Father and the Holy Spirit. Amen.

## **PRAYER FOR VOCATIONS**

**L**ord Jesus, we come before you to beg for vocations to the Anawim Community, especially to the priesthood.

Grant that, by our prayerful standing with Mary at the foot of the cross, there may pour forth from your side new children, born of her, for the Anawim family.

Mary, our mother, we entrust our Community's growth to you, for we are your Anawim. Amen.



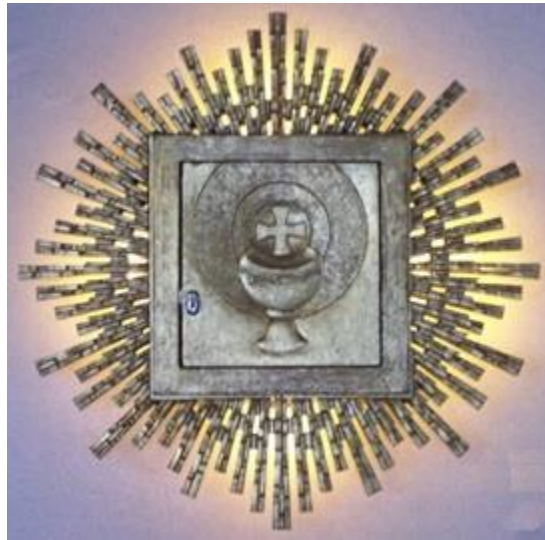
**The Mother of God with her Mantle of Protection**  
(Feast: October 1)

### **TRAVELERS' PRAYER**

**Q**ueen Mother Mary, protectress of travelers, we entrust this journey to your loving care.

Cover us with your mantle of protection and guide us through the ministry of our guardian angels and the archangels, whom we call upon to keep us safe from all dangers, even the slightest mishap on the road.

St. Joseph, protector of the Anawim, be with us on this journey and in all aspects of our journey home to the Father, Son and Holy Spirit. Amen.



May the Heart of Jesus  
in the most Blessed Sacrament  
be praised, adored and loved  
with grateful affection  
at every moment  
in all the tabernacles of the world  
even to the end of time!  
Amen!



The final resting place of Fr. Francis Marino, S.M., located at the Anawim Community Center, Las Piñas City. He is buried at the foot of the grotto of Our Lady of Lourdes. To the left is a memorial wall in his honor, with selected quotations and scripture passages.